

Sport Yukon Huddle – Post Secondary Athlete Recruitment 101

1. What a university coach is seeking in a new student athlete?

- **High level ability or an elite skill** – highly skilled player and/or student athlete can perform a sport specific skill at an elite level
- **Athleticism** – speed, quickness, strength, height
- **Character** – personality, team first, how they handle adversity, body language
- **Leadership ability and/or potential** – lead by example, with voice, hold teammates accountable
- **Academic success and goals** – good or great student, proven work ethic, have a desire to get their degree and even a plan to have a career
- **Desire to be involved in the community** – speaks to their character, willingness to give back & be a part of something bigger than the team
- **Past success as an athlete** – know what it takes to win and even how to win

2. What questions SA's and Parents should ask post-secondary coaches:

- What does a normal week during the season look like for one of your student athletes (practices, on court workouts, strength training, team meetings, study halls, etc.)?
- What is your plan to help our daughter reach her potential as a basketball player?
- How does your team perform academically?
- What type of academic support do you have in place for your student athletes and how will you help them achieve their academic goals?
- What additional support do you have with in your Program ... outside of assistant coaches and academic support?
- What team responsibilities will my daughter have in the summer?

* Not great if money or an athletic scholarship comes up in the first conversation.

3. Five Great Reasons to become a REDS Student Athlete

